



OUTDOOR *R*ECREATION IN THE MONADNOCK REGION

## **PARKS AND RECREATION AREAS**

### **ANNETT WAYSIDE PARK — RINDGE**

Open and shaded picnic sites and walking trails within 1,336 acres of woodland, near the Cathedral of the Pines. Located on Cathedral Road, two miles off Rte. 119. For more information, call 485-2034.

### **CASALIS STATE FOREST — PETERBOROUGH**

This 228-acre state forest is managed by the NH Division of Forests & Lands and the NH Fish & Game Department for timber and wildlife resources. Located between NH Rte. 123 and Condy Road. For more information, call 464-3453.

### **CATHEDRAL OF THE PINES — RINDGE**

Beautiful panoramic views of Mt. Monadnock can be seen at this outdoor memorial to world peace through interfaith understanding and to all who have given their lives in service to this country. The Bell Tower was the first memorial dedicated to women. Specific and non-denominational worship services. Museum, gift shop, and lovely gardens. Located on Cathedral Road, one mile off Rte. 119. Open May through October 31, 899-3300.

### **FOX STATE FOREST — HILLSBOROUGH**

22 miles of trails for day hikers within 1,445 acres of woodland. Forestry museum at headquarters and eco-center tours for groups by appointment. Located on Center Road, 464-3453.

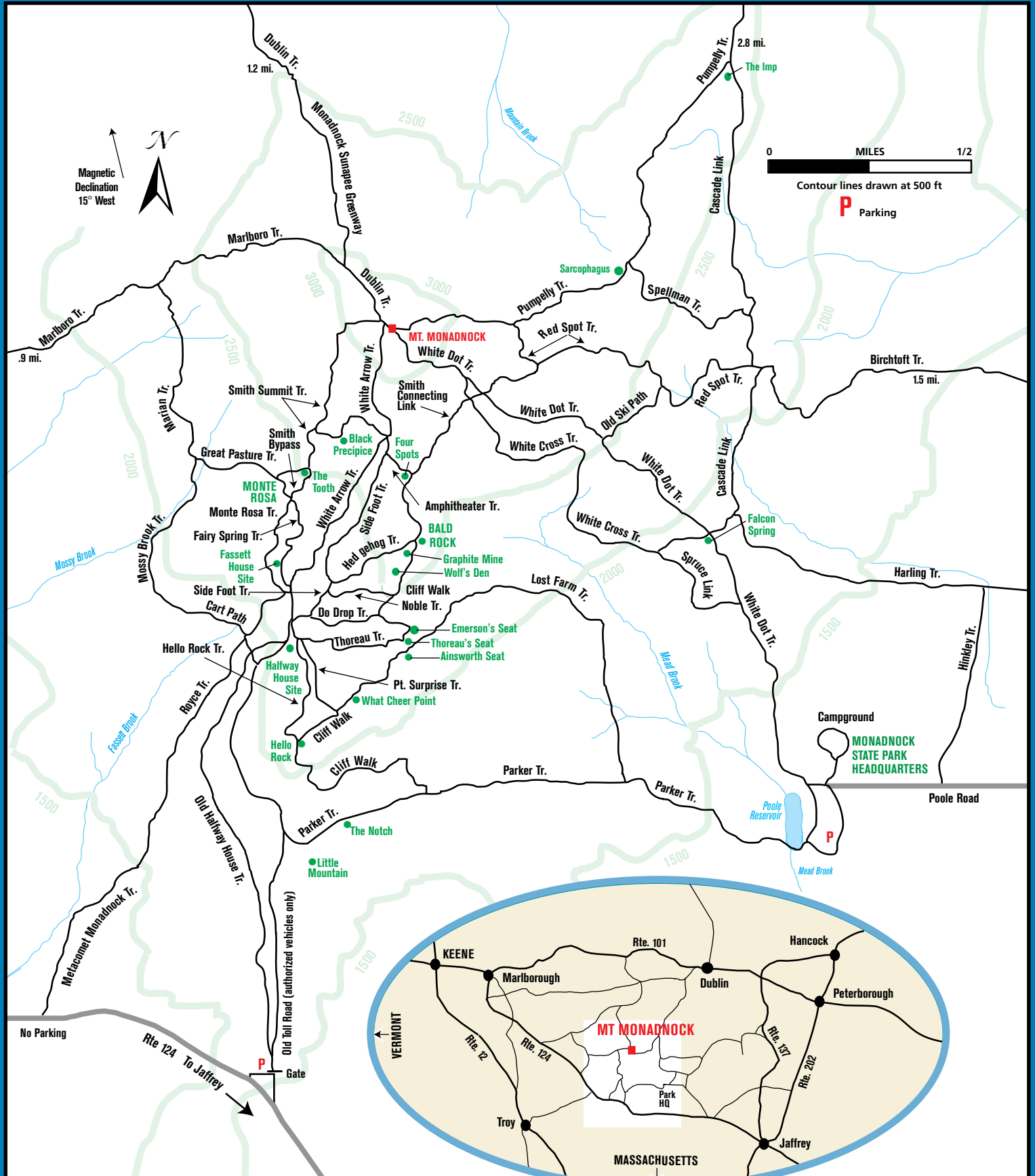
### **GREENFIELD STATE PARK — GREENFIELD**

401 acres on Otter Lake. Areas for campers and day visitors. Picnic grounds, tent sites,

*continued on page 10*

# Hiking Trails on MOUNT MONADNOCK

Map Design © CPorter Designs 2011





DICK BURWELL

# Monadnock State Park

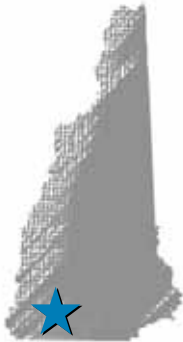
*New Hampshire's premier pet-free mountain park*

## Park Features

- Highest peak in southern New Hampshire — 3,165 ft.  
Shortest route — White Dot Trail 2.0 miles.
- 40 miles of hiking trails accessing 5,000 highland acres.
- Pet-free park, home to native animal species, including black bear and moose.
- Hundred-mile views of New England from 400 vertical feet above tree line.
- 28 primitive tent sites available year-round with fire rings and picnic tables.
- Exemplary geologic study as a designated National Natural Landmark.
- Diverse habitat supporting both sub-alpine plant species and towering trees.
- Visitor Center and Park Store featuring Monadnock memorabilia.
- Camping: Gilson Pond Campground, 585 Dublin Rd., Jaffrey NH 03452
- Winter snowshoeing, hiking, and 16 miles of cross-country ski trails.
- Group discounts available during off-peak times by advance reservation.
- Nearby swimming, boating, shopping, fishing, golf, skiing, and cultural events.

## Additional Facts

- Day Use Service Charge for those 12 and over.
- Off-peak adult and youth group discount rates by reservation.
- Average of 130,000 visitors per year.
- Camping and hiking opportunities 365 days a year.
- Average of 5,000 campers per year.
- Six major trailheads start climbs from three area towns.
- Main trails average 1,800 vertical feet gain to summit.
- Views to points in all six New England states and New York.
- Phone: 532-8862. Address: 119 Poole Rd., Jaffrey NH 03452.



swimming (900-ft. beach for campers only), fishing, cross-country skiing, and snowmobiling. Day use fee \$4 adults, \$2 children 6–11, under 5 free, 65+ and NH resident free. Camping fee \$24 for two, \$7 each additional (limit four). Dogs allowed on leash in pet camping area only. Located off Rte. 136, P.O. Box 203, Greenfield, NH 03047, 547-3497.

## HARRIS CENTER FOR CONSERVATION EDUCATION — HANCOCK

Comprehensive conservation center with hiking trails. Free weekend programs for the public. Wildlife management. Located on King's Highway. For more information, call 525-3394.

## EDWARD MACDOWELL LAKE — PETERBOROUGH

Located on Wilder Street at MacDowell Lake/Reservoir. Picnicking, walking paths, swimming, boating, fishing, hunting, and trapping. Junior Ranger and Summer Interpretive Programs. Maintained by the U.S. Army Corps of Engineers. Tours of dam available, 924-3431.

## MILLER STATE PARK — PETERBOROUGH

Hike or drive to the summit of Pack Monadnock (2,290'). Picnic area and fireplaces. Day use fee \$4 adults, \$2 children 6–11, under 5/over 65 free. Located on Rte. 101E, at Temple Mountain crest. Dogs allowed on leash only. 924-3672, April to November.

## MONADNOCK STATE PARK — JAFFREY

Home of the most dominant land feature in the region, Mt. Monadnock, with a summit at 3,165'. Forty miles of hiking trails, 5,000 acres protected highlands, campground, picnic area with fireplaces, cross-country skiing, toilet facilities, and parking for year-round recreation. Day use fee \$4 adults, \$2 children 6–11, under 5 free, 65+ and NH resident free. Camping fee \$23/family. No dogs allowed. Park Office/Visitor Center located off Dublin Road (off Rte. 124) in Jaffrey Center, 532-8862.



## The Lukas Community

A residential community for adults with developmental challenges

We are a Rudolf Steiner-inspired residential community for and with adults with developmental challenges. Living in four extended-family households, forty people, some more challenged than others, share their lives, work and recreation within a context of care.

Daily contact with nature and the arts, meaningful and productive work in our homes, gardens and craft studios, and the many cultural and recreational activities provided, create a rich and full life.

For information regarding placement possibilities, staff, apprentice or volunteer positions available, or if you wish to support our work, please contact us at:

**PO Box 137 • Temple • NH 03084 • 603-878-4796 • email: [lukas@monad.net](mailto:lukas@monad.net)**  
[lukascommunity.org](http://lukascommunity.org)

• COMMUNITY SPIRIT • THE ARTS • MEANINGFUL WORK • RECREATION •



### **NUSSDORFER NATURE AREA — NEW IPSWICH**

Over 60 acres of pristine woodlands, trails, and water frontage. This great trail for family hiking is one mile SE on Rte. 124 from junction of Rte. 123. Trail is marked with yellow blazes, beginning moderately steeply, then becoming an easy walk of approximately two miles. Good picnic site by Hoar Pond. Canoeing and fishing allowed. Overnight camping and campfires by permission. Open sunrise to sunset. Call 878-2772.

### **PISGAH STATE PARK — WINCHESTER/CHESTERFIELD/HINSDALE**

Over 13,300 acres of rough terrain, encompassing a complete watershed north of the Ashuelot River. Seven ponds, numerous wetlands, trailheads for hiking, mountain biking, ATV, snowmobile use. Open year-round, no charge. Located on Rte. 63, Winchester, 271-3254.

### **RHODODENDRON STATE PARK — FITZWILLIAM**

Nearly 15 of its 494 acres of ancient woodlands are crowded with a unique stand of *Rhododendron maximum*, the largest and most vigorous grove north of the Allegheny Mountains and east of the Mississippi, with bushes as high as 20 feet. Walking paths, 0.6-mi. universally accessible trail, picnic grounds, views of Mt. Monadnock and the region. Blossoms at peak mid-July. A National Nature Landmark. Dogs not allowed in rhododendron groves. Located off Rhododendron Road, 532-8862.

### **SHIELING STATE FOREST — PETERBOROUGH**

A 45-acre area of tree-covered ridges and valleys and monolithic glacial boulders, with wildflower preserve, trails for walking (dogs on leash permitted), cross-country skiing, and snowshoeing. A gift from well-known author Elizabeth Yates McGreal and maintained by the NH Division of Forests & Lands (P.O. Box 856, Concord, NH 03301, 271-2214). The Forestry Learning Center is open for the purpose of stimulating public interest and knowledge in properly managing small private woodlands. Its facilities are available to organizations for meetings with a conservation purpose. Located on Old Street Road. For a list of events held at Shieling Forest, call 431-6774.

### **WALES PRESERVE — SHARON**

Just 4½ miles south of Peterborough, these 48 acres are located on a plateau of rolling, wooded, hilly uplands between 900' and 1,200' above sea level. The backbone of the preserve is the Gridley River, running east to west, turning north, dropping 120' over the preserve's 3,650' length. From Rte. 101/202 intersection, take Rte. 202S for 1.3 miles and turn left on Sharon Road. Travel 2.8 miles to Spring Hill Road. Preserve is ½ mile on the right.

## **HIKING TRAILS** (see also foldout map: "Peterborough Hiking Trails")

### **CHESTERFIELD GORGE — STODDARD**

Just west of Keene, Chesterfield Gorge Natural Area spans 13 acres. Its easy, 0.7-mi. loop offers great opportunities for hiking and scenic views of the extensive waterfalls on the footpaths along the gorge. The park is unstaffed but is open to the public year-round at no charge.

### **COMMON PATHWAY — PETERBOROUGH**

This 6.5-mi. asphalt/gravel mostly rail-trail runs from Noone Falls, on Rte. 202 about 1 mi. south of Rte. 101, through downtown Peterborough, north to the Hancock border (see "Old Railroad Trail").

### **CROTCHED MOUNTAIN — GREENFIELD/FRANCESTOWN**

There are three trails to the summit of this 2,055' mountain. Frankestown Trail starts at the base of the Crotched Mountain Ski and Ride area. Bennington Trail starts at the sign marked

“Crotched Mt. Top — Bennington Trail” 3 miles north of Greenfield, on Rte. 31. Greenfield Trail starts beyond the entrance to the Crotched Mountain Rehabilitation Center buildings, off Verney Drive. Also at CMRC, 1.25-mi. Dutton Brook Trail winds around wetlands, while 0.9-mi. Gregg Trail features a viewing platform with a nearly 360° vista. Both of these trails are universally accessible, with no grade greater than 5%.

#### **HARRIS CENTER FOR CONSERVATION EDUCATION — HANCOCK**

Twelve miles of well-maintained hiking trails including two mountain summit vistas from Mr. Skatutakee and Mt. Thumb. Details, including a trail map, at [www.HarrisCenter.org](http://www.HarrisCenter.org). All trails and programs free of charge.

#### **MCH FITNESS TRAIL — PETERBOROUGH**

Located on the grounds of Monadnock Community Hospital, this 1½-mile trail formerly contained 20 exercise stations, with varying degrees of difficulty. New construction may have altered features; parts of trail are wheelchair-accessible. Call 924-7191 for info.

#### **METACOMET TRAIL**

This is the northernmost 14 miles (beginning in Fitzwilliam) of a hiking trail that starts in Connecticut and ends at the Marlborough Trail at the base of Mt. Monadnock. It was designed as a thru-trail for backpackers, but lends itself well for day hikers as it crosses many roads. The trail is well marked by white rectangles.

#### **MOUNT MONADNOCK — JAFFREY**

This is considered to be the second most climbed mountain in the world (after Mt. Fuji), with 40 miles of trails to its 3,165' summit. Views of all 6 New England states and New York. The round-trip hike from the park area takes approximately 3½ hours. Open year-round. For fees, see page 10. Park office, 532-8862. See page 9 for a foldout map of hiking trails on Mount Monadnock.

#### **MONADNOCK/SUNAPEE GREENWAY**

This trail is a 49-mile footpath connecting Mt. Monadnock and Mt. Sunapee. Marked with white blazes, the majority of the trail crosses privately owned land, so respect and caution should be shown along the way.

#### **NATURE'S CLASSROOM AT SARGENT CENTER — HANCOCK**

25 miles of walking and hiking trails on the grounds of this lovely, privately owned camp. Visitors must check in at the main office, and please do not disturb classes in session. For more information, call 508-248-2741.

#### **OLD RAILROAD TRAIL — PETERBOROUGH AND HANCOCK**

Follows the old railroad bed parallel to the Contoocook River 2½ miles north to Forest Road in Hancock. Trail sign just beyond the Peterborough Recycling Center on Scott Mitchell Road marks a turnout parking area and the beginning of the trail.

#### **WAPACK TRAIL — ASHBURNHAM, MA TO GREENFIELD**

The Wapack is a 21-mile ridgeline trail that offers spectacular views from its southern trail-head at the base of Mt. Watatic in Ashburnham, MA, to the northern slope of North Pack Monadnock in Greenfield, NH. It is maintained by the Friends of the Wapack (P.O. Box 115, West Peterborough, NH 03468) and is marked by yellow triangles. This trail lends itself well to day hikes as it crosses several roads along the way. See [www.wapack.org](http://www.wapack.org).

#### **WHEELER TRAIL — PETERBOROUGH**

Short streamside trail on town conservation land that combines forest and open field. Parking area and trail sign located on Rte. 101, ⅓ mile downhill from the Rte. 123 turnoff for Sharon.



**BIKING TRAILS**

*When biking in the Monadnock Region, you notice that the roads are, for the most part, narrow and hilly, but at almost every turn you will encounter scenic beauty well worth the effort. For additional information, call the following:*

- Common Pathway (see foldout map, pg. 29) 924-8000
- Eastern Mountain Sports (maps, trails, supplies) 924-7231

**FITNESS/GOLF/TENNIS**

**FITNESS**

- Bond Wellness Center at Monadnock Community Hospital 924-4650
- Performance Health & Fitness 924-9010

**GOLF**

- Angus Lea — Hillsborough 464-5404
- Crotched Mountain Golf Club — Frankestown 588-2000
- Monadnock Country Club — Peterborough 924-7769
- Shattuck Golf Club — Jaffrey 532-4300
- Woodbound Inn — Jaffrey 532-8341

**TENNIS**

*(O) — indicates open to public, (P) — indicates a private club with membership, call for fees*

- Adams Playground (Peterborough residents) 924-8080
- Inn at Crotched Mountain (O,P) — Frankestown 588-6840
- Monadnock Country Club (O) — Peterborough 924-7769
- Monadnock Indoor Tennis (P) — Peterborough 924-6505
- Woodbound Inn (O) — Rindge 532-8341

## AREA BEACHES

### *Abbreviations*

B - Boat launch	NP - No pets
C - Concessions	NS - No smoking
G - Guests of residents allowed	P - Picnicking
GR - Grills	PA - Pets allowed
NA - No alcohol	R - Residents only
NF - No fires	RR - Rest rooms
NFL - No flotation devices	S - Swimming

### **ANTRIM**

Gregg Lake Beach: S, B, P, RR, NP, dogs allowed at B only, daily 9–9.

### **BENNINGTON**

Whittemore Beach: S, R, G, daily 10–6.

### **GREENFIELD**

Greenfield State Park: S, B, GR, C, RR, NFL, M-F 10–8, S-S 9–8,  
\$2 ages 6–11, \$4 ages 12+.

Sunset Lake Beach: S, R, G, taxpayers, NP, NF, NA, daily 6–10.

Zephyr Lake Beach: S, R, G, taxpayers, NP, NF, NA, daily 6–10.

### **HANCOCK**

Norway Pond: S, R, G, B.

### **HARRISVILLE**

Sunset Beach and Russell Beach — Chesham: S, R, NP, NA, daily 6–11.

### **JAFFREY**

Contoocook Beach: S, RR, P, C, NA, NFL, daily 8–5.

Thorndike Pond: S, P, GR, RR, NA, NFL, M-F 12–4, S-S 11–5.

### **PETERBOROUGH**

Adams Pool: S; subject to availability — please call 924-8080.

Cunningham Pond: S, R, G, B, NF, NA, NS, NFL, daily 7–8.

MacDowell Lake Beach: S, B, GR, P, PA but not on beach, daily 8–8.

### **RINDGE**

Franklin Pierce University Waterfront: P, GR, NFL, opens late May, daily 10–7.

## **SKI AREAS** (Call for grooming, conditions, & fees)

### **ALPINE/SNOWBOARDING**

Crotched Mountain Ski and Ride Area — Bennington 588-3668

### **X-COUNTRY**

Crotched Mountain Golf Club — Frankestown 588-2000

Greenfield State Park — Greenfield 547-3497

The Inn at Crotched Mountain — Frankestown (guests only) 588-6840

The Inn at East Hill Farm — Troy 242-6495

Monadnock State Park — Jaffrey 532-8862

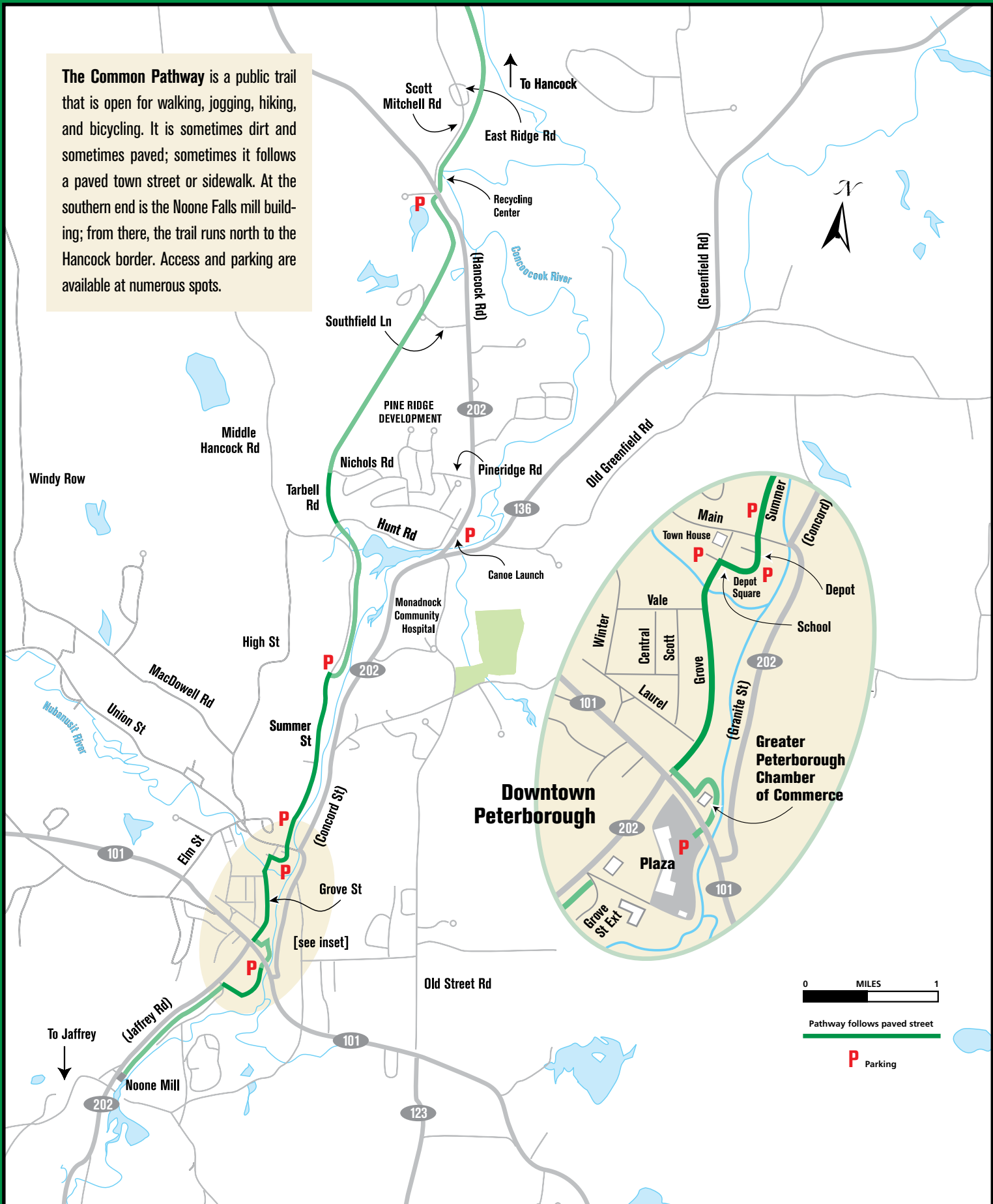
Windblown Cross-Country Skiing — New Ipswich 878-2869

Woodbound Inn — Jaffrey 532-8341

# Hiking and Biking on THE COMMON PATHWAY

Data from the Peterborough Office of Community Development Map Design © CPorter Designs 2011

**The Common Pathway** is a public trail that is open for walking, jogging, hiking, and bicycling. It is sometimes dirt and sometimes paved; sometimes it follows a paved town street or sidewalk. At the southern end is the Noone Falls mill building; from there, the trail runs north to the Hancock border. Access and parking are available at numerous spots.



Pathway follows paved street

**P** Parking

# Peterborough HIKING TRAILS

Map Design © CPorter Designs 2011

